

**One Week (Virtual) International Workshop on
“Goal Setting: Roadmap to Success” (GS-2022)**

6th June to 10th June 2022

Organized by

Department of Electrical and Electronics Engineering

&

Department of Humanities and Basic Sciences

in Association with

NI LabVIEW Academy & English Club, GPREC, Kurnool.

Day Wise Schedule

Date & Time	Topic	Resource Person
Day-1 06-06-2022 6:30 PM to 8:00 PM	Developing a positive mind set and self-Image Workshop objectives Seeking Expectation Find and write a goal.	Shaik Sofia Saba M.Tech. Certified soft skill Trainer, Mentor and consultant, The house of Panglossian, Dubai, UAE.
Day-2 07-06-2022 6:30 PM to 8:00 PM	Introduction and Definition of goal and goal setting. Purpose of goal and Types of goals Important aspect of Goal setting Activity: WinningTicket Case study	Shaik Sofia Saba M.Tech. Certified soft skill Trainer, Mentor and consultant, The house of Panglossian, Dubai, UAE.
Day-3 08-06-2022 6:30 PM to 8:00 PM	How to set goals in a correct F.R.A.M.E Different goal setting technique Learn to set a S.M.A.R.T Goals Know the Obstacles and hurdles Activity: Smart Goal	Shaik Sofia Saba M.Tech. Certified soft skill Trainer, Mentor and consultant, The house of Panglossian, Dubai, UAE.
Day-4 09-06-2022 6:30 PM to 8:00 PM	OVERCOMING PROCASTINATION Remove distractions Motivation Commitment and flexibility Case study and Activities	Shaik Sofia Saba M.Tech. Certified soft skill Trainer, Mentor and consultant, The house of Panglossian, Dubai, UAE.
Day-5 10-06-2022 6:30 PM to 8:00 PM	Mistakes will happen How to choose the goal How to accomplish the goal Create a own Goal book Wrapping, conclusion, Queries	Shaik Sofia Saba M.Tech. Certified soft skill Trainer, Mentor and consultant, The house of Panglossian, Dubai, UAE.