



YourDOST

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding is entered on this day the **13th July, 2023** between **YourDOST Health Solutions Pvt Ltd** and **G Pulla Reddy Engineering College, Kurnool**.

1. **YourDOST** is located at Bangalore which is represented by Richa Singh (Director and Co-Founder YourDOST) and registered under the Indian Companies Act 2013 (CIN:U85100MP2015PTC034410). YourDOST is a counseling and emotional support, technology platform, designed to foster mental health. It anonymously connects individuals with the right experts, consisting of psychologists, psychotherapists, counselors, life coaches, career counselors who understand and can guide individuals through completely confidential one on one sessions.

Through personalized and professional guidance, Experts at YourDOST help individuals develop:

- a. Healthy personal relationships
- b. A productive and satisfying work-life balance
- c. A more focused approach towards achieving goals
- d. A more confident self
- e. The ability to deal with stress, anxiety, depression

and pressures of all kinds and from many sources such as - personal, societal, peer, etc.

The key aspect of YourDOST is that people are kept completely anonymous throughout the platform. With the use of technology, YourDOST wants to make expert help widely and instantly available to everyone looking for emotional and mental wellbeing.

YourDOST is not a medical service or suicide prevention helpline. More details about YourDOST are available at www.YourDOST.com. YourDOST, herein afterwards, shall be referred to as **"The Service Provider"** and shall mean to include, authorized representatives, program managers of YourDOST, psychologists, psychotherapists, counselors, life coaches, career counselors representing YourDOST, and such others, who are directly involved in the framework of this Memorandum of Engagement.

2. **G Pulla Reddy Engineering College** is a premier institute situated in Kurnool. More details about G Pulla Reddy Engineering College is available at <https://www.gprec.ac.in>. G Pulla Reddy Engineering College, herein afterwards, shall be referred to as **"The Client"** and

YourDOST Health Solutions Pvt Ltd

CIN :U85100MP2015PTC034410

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